



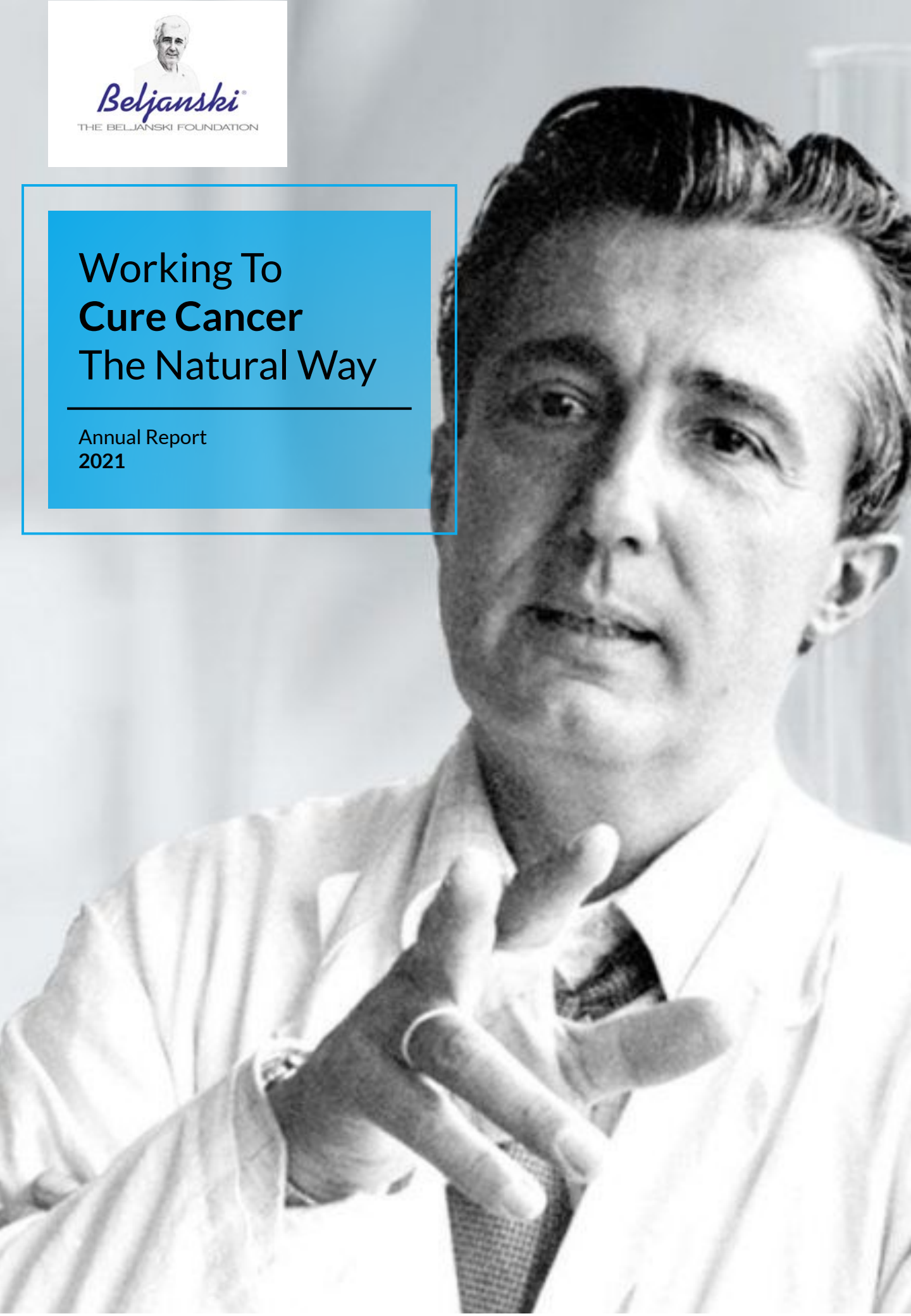
*Beljanski*<sup>®</sup>

THE BELJANSKI FOUNDATION

# Working To Cure Cancer The Natural Way

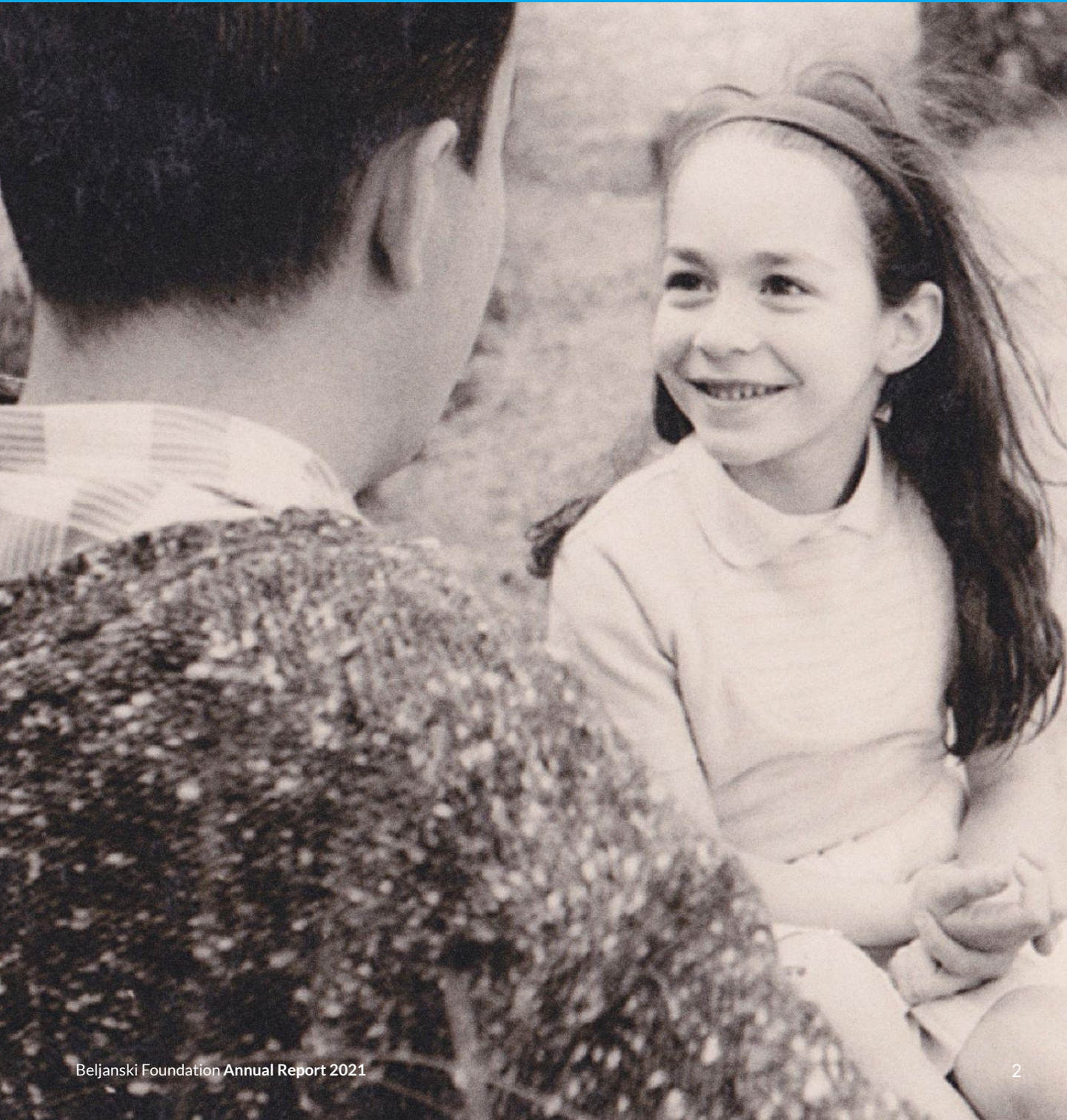
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Annual Report  
2021



“My message is a positive one, backed by real science, serious studies and published data. A jaw-dropping cancer research program is ongoing in the U.S., yet it remains little known. In the face of the rising occurrence rates of different cancers, the results of this research could save many lives. That knowledge makes me relentless in reaching beyond the status quo, and insisting on sharing this ground-breaking science. Every new publication brings me sheer joy.”

Sylvie Beljanski in “Winning The War On Cancer: The Epic Journey Towards a Natural Cure”





# A Letter from Our Founder

Dear Friends of The Foundation,

I would like to extend a heartfelt thank you to all who support The Beljanski Foundation programs and donate to our organization. Your generous donations will help us complete our next research program on melanoma, a cancer which is dangerously on the rise. The Beljanski Foundation is a 501(c)(3) located in New York City. It was founded in 1999 to fund research on natural compounds and uncover natural ways to fight cancer and other degenerative diseases.



Over the years we have established scientific partnerships with academic entities like Columbia University and Kansas University Medical Center, to fund research programs on prostate, ovarian and pancreatic cancers. The research has shown the benefits of natural extracts such as *Pao pereira*, *Rauwolfia vomitoria*, green teas, RNA fragments and now a specific *Golden Leaf of Ginkgo Biloba* extract.

All research is designed in concert with Dr. Beljanski's discoveries regarding the role of environmental toxins in the onset of disease. Each research program has been successfully completed so far, and has led to peer reviewed publications, which are all shared with the public through The Beljanski Foundation's website [www.beljanski.org](http://www.beljanski.org).

The research funded by The Beljanski Foundation is unique because there are no big profits from our discoveries, only more information about the power of nature and the human body. Pharmaceutical and dietary supplement manufacturers cannot make large profits with research, so they don't invest in it. Furthermore, they cannot be patented. So, they are not interested.

Dietary supplement companies are not allowed to make health claims, so they have no incentive to scientifically study the benefits of their formulas. If they make health claims, the FTC (Federal Trade Commission) classifies the dietary supplement as an unapproved drug. *(continued on the next page)*

***The Beljanski Foundation believes mother nature is worth studying and nothing will stop us from uncovering this invaluable information.***



## A Letter from Our Founder (continued...)

There is a wealth of health benefits associated with a natural approach to health and wellness. Including the fight against serious diseases like cancer. And the more serious the disease, the more important it is that the research is impeccable and conducted at reputable academic institutions. The credibility of integrative medicine is at stake, and that is the kind of fight that The Beljanski Foundation has taken on. Once completed, the findings are published, and made available to you. We do this so YOU can bring it to your doctor and start a discussion about the benefits of natural compounds as part of your treatment options.



Finally, at a time where the discussion is shifting to economic equity and inclusion, it is important to mention that fair trade is the way out of poverty for many people around the world. Regular exports of natural compounds lead to education about quality and sustainability. Regular exports lift people out of poverty, give them a reason to value their natural surroundings and make them want to develop their economic prospects where they are.

Thank you all for your generous donations and for making this research and other programs possible. It could not happen without your support.

~ Sylvie Beljanski

**Founder and Executive Vice President of The Beljanski Foundation**

## Who We Are

The story behind The Beljanski Foundation is an exciting one about breakthrough research, scientific evidence suppressed by governments and the selfless friendships of a few people determined to salvage this wealth of knowledge.

Confronted with increased pollution and epidemics of cancer and other chronic diseases, the mission of The Beljanski Foundation is to study and share knowledge of effective non-toxic natural answers that work both alone and in synergy with traditional western medicine. These values, at the very core of integrative medicine, are the legacy of Mirko Beljanski, PhD (1923-1998), the French biologist who uncovered the link between environmental toxins and carcinogenesis when he was working at the Pasteur Institute in Paris.

The Beljanski Foundation is a 501(c)(3) non-profit organization based in New York City.



# What We Do

## At The Beljanski Foundation we:

### Fund Research



Fund ground-breaking research that affirms and builds on the work of Dr. Mirko Beljanski, who is published in 133 peer-reviewed scientific articles and wrote two books and numerous patents.

### Educate the Public



Spread awareness of Dr. Beljanski’s discoveries of effective non-toxic natural answers to cancer and other chronic diseases that work both alone and in synergy with traditional western medicine.

### Carry on Dr. Mirko Beljanski’s Legacy



Continue to develop the work of Dr. Beljanski and ensure that his legacy as the “father of environmental medicine” is not forgotten.



Dr. Beljanski in his lab



Henri B.

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## His battle with Prostate Cancer by Dr. Morton Walker

Henri B., PhD, a resident of southern France and currently retired as Professor of Physics at the University of Paris, had been Director of Research at the CNRS, and for eleven years the Administrator of a prominent Cancer Treatment Center of Villejuif near Paris. The CNRS in France is equivalent to the National Institutes of Health (NIH) in the United States. As an administrator of the Center, Dr. B. had participated in executive decisions about the awarding of research grants for evaluations of medical therapies. He studied all aspects of treatment for most types of diseases, including cancer. Dr. B. received exposure to every means of health care available worldwide. If he personally had needed some sort of therapeutic intervention for illness, Dr. B. certainly was free to choose the method he believed to be most beneficial for his own healing.

This university professor, knowledgeable about medical treatment and other life-saving issues, preserved his own life by electing to follow the concepts and use the natural products developed by Dr. Mirko Beljanski. Professor B. assured that, for himself, nothing else would do. He says, "My experience at the CNRS—which brought me in close contact for more than a decade with the most progressive therapies—taught me the best, the mediocre and the worst treatments. I want what works!"

# The Beljanski Paradigm

Our environment contains a multitude of chemical compounds from two hundred years of industrialization. As life expectancy has improved, our bodies are exposed to an even greater number of compounds that enter our cells, weaken our immune systems and destabilize our DNA. The result is inflammation, cancer and other chronic diseases.

[Mirko Beljanski](#), PhD (1923-1998), was one of the first scientists to discover the direct link between environmental toxins and DNA damage. He demonstrated the destabilizing effect that carcinogens exert when they bind to DNA and found that this altered form of DNA was found in all cancer cells. He went on to identify plant extracts that specifically target destabilized DNA and thus prevent the growth of cancer cells, without being gender or organ specific. These extracts, *Pao pereira* and *Rauwolfia vomitoria*, have now become the subject of extensive scientific research from numerous academic institutions.

Beljanski’s plant extracts and RNA fragments are powerful natural products that help provide protection from damaging elements in our environment as part of a holistic approach to wellness. With the support of The Beljanski Foundation, Dr. Mirko Beljanski’s initial research has attracted the attention of prestigious American scientific institutions that have conducted research using Beljanski’s extracts. All of these studies have been published in peer-reviewed journals and are available on our [beljanski.org](http://beljanski.org).





# Our Impact



## Fund Research

In 1999, The Beljanski Foundation was created to help cure cancer the natural way. Since then, we have been dedicated to funding research for natural, non-toxic answers to cancer and other chronic diseases by continuing the work of Dr. Mirko Beljanski.

Over the last 20 years, we have sponsored numerous ground-breaking research programs in the hope of helping people beat cancer naturally. We have been working relentlessly to establish partnerships with renowned academic research institutions to promote the design and completion of new experiments, and all the results are published in peer reviewed journals.

In 2021 The Beljanski Foundation completed our studies of the anti-inflammatory effects of *Pao pereira* and *Rauwolfia vomitoria* on benign prostatic hyperplasia (BPH). This research project yielded a total of three separate publications: The first, included in 2019's report, described the beneficial effects of *Pao pereira* on BPH by inhibition of 5 $\alpha$ -Reductase, the enzyme that converts testosterone to dihydrotestosterone (DHT) which is a primary trigger of BPH. The second, included in 2020's report, describes the positive effects of *Pao pereira* on BPH by inhibition of the NF $\kappa$ B complex that generates pro-inflammatory chemokines that form another trigger for this condition. And the final paper, published in 2021, reports the suppression of BPH by *Rauwolfia vomitoria* via the very same pathway demonstrated for the *Pao pereira* extract, inhibition of 5 $\alpha$ -Reductase.

The second publication of 2021 is a summary of Dr. Chen's study of the anti-cancer effects of a combination of four green teas against breast, bladder, liver and melanoma cancer cells. This review explains how the Oncotest, originally created by Dr. Beljanski, demonstrates the anti-cancer effects of each of the green teas and how the test results help predict the mechanism of action of the active compounds in the teas.

The next page contains a brief summary of the papers which can be found in its entirety on our website, [www.beljanski.org/publications](http://www.beljanski.org/publications).

# Our Impact

## "Anti-Cancer Effects of a Combination of Four Green Teas" EC Nutrition 16.2: 27-29 (January 2021) | Kansas University

A DNA based assay for screening compounds for anti-cancer potential identified four green teas with impressive anti-cancer effect. An extract was prepared from a combination of all four of the teas and this extract was tested for anti-cancer activity in cell based assays in Dr. Qi Chen's laboratory at the Department of Pharmacology, Toxicology and Therapeutics, University of Kansas Medical Center. The teas were tested on bladder, breast, liver and melanoma cancer cells. When tested against extracts of other well-known teas, the four green tea blend had the most potent anti-cancer effect. This research was accepted for presentation at the 16th International Conference of the Society for Integrative Oncology and published in EC Nutrition.



## "Rauwolfia Vomitoria Extract Suppresses Benign Prostatic Hyperplasia by Reducing Expression of Androgen Receptor and 5 $\alpha$ -reductase in a Rat Model" Journal of Integrative Medicine (May 2021) | Nanjing University



The *Rauwolfia vomitoria* extract was investigated as a therapeutic option for benign prostatic hyperplasia, a common disease in older men with a serious impact on quality of life. The oral administration of *Rauwolfia vomitoria* significantly reduced prostate weight in BPH rats, evidenced by the decreased thickness of the prostate epithelial layer. Similar effects were observed in the BPH rats treated with finasteride. *Rauwolfia vomitoria* significantly reduced the level of androgen receptor and 5  $\alpha$  reductase as well as testosterone-induced proliferation markers -- Proliferating Cell Nuclear Antigen (PCNA) and Cyclin D1. As evidence of its lack of side effects, *Rauwolfia vomitoria* did not reduce sperm counts whereas Finasteride did.

This study shows that both the *Pao* and *Rauwolfia* extract exerts the same androgen balancing effect that resolves BPH. By treating the underlying cause and reducing prostate size, the extract offers relief from the symptoms of BPH.

The two publications above provide people a scientifically validated, natural way to fight cancer without side effects. To learn more and view all of the publications, please visit <https://www.beljanski.org/publications/>.

# Our Impact



## Educating the Public

Throughout 2021, The Beljanski Foundation was featured prominently at numerous virtual events around the globe. Sylvie Beljanski frequently appeared in various media outlets on behalf of the Foundation to help bring awareness of Dr. Beljanski’s discoveries to the public. The press highlights of the year happened when Sylvie was asked to give a presentation at Georgetown University and the foundation was featured in the the French Magazine, *Séniors Actuels* in December 2021. Both of these helped lead to many other interviews and press mentions in 2022 about our natural approach to cancer.

## Carrying on Dr. Beljanski’s Legacy

Healthy Tuesdays and Jeudis de la Santé remained virtual in 2021, allowing us to reach a worldwide audience. This is a series of monthly events all related to holistic health where a community of healthcare professionals come together to share groundbreaking information. This has and continues to produce a community of people eager to hear more about the resources those professionals may offer. Attendees have a chance to learn about the topic of interest, ask questions from the panelists and became more familiar with the mission of The Beljanski Foundation. One hundred percent of the proceeds raised from Healthy Tuesdays and Jeudis de la Santé go to help fund anticancer research to cure cancer the natural way.





# Our Impact

## Educating the Public and Carrying on Dr. Beljanski's Legacy

### January

- Winning The War on Cancer - The Authors Show
- Vaccinations & COVID-19 - Virtual Healthy Tuesdays/Jeudis de la Santé
- A Powerful Journey - Christina Dowling Interviews Sylvie Beljanski

### February

- A Natural Approach To Cancer Prevention - Virtual Healthy Tuesdays/Jeudis de la Santé
- How to protect yourself from COVID-19 - Functional Medicine Radio Interviews Sylvie Beljanski
- Natural Connection: Changing the Face of Cancer Research - Georgetown University Presentation

### March

- Follow Your Gut | Colorectal Cancer Awareness - Virtual Healthy Tuesdays/Jeudis de la Santé
- Here's to your Health Radio Interviews Sylvie Beljanski

### April

- Immunity or Immunization? - Virtual Healthy Tuesdays/Jeudis de la Santé
- Extreme Health Radio Interviews Sylvie Beljanski
- Here's to your Health Radio Interviews Sylvie Beljanski

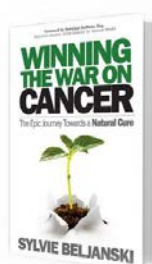
### May

- Melanoma Monday - Facebook Live
- Conquering Cancer - Global Cancer Symposium
- Sun: Friend or Foe? - Virtual Healthy Tuesdays/Jeudis de la Santé
- Here's to your Health Radio Interviews Sylvie Beljanski

### June

- World Cancer Survivors Day - Facebook Live
- Cancer Support for Men's Health - Virtual Healthy Tuesdays/Jeudis de la Santé
- Natural Solutions for Cancer - Health and Healing Club
- World Rainforest Day - Facebook Live

A CRITICAL BOOK TO READ  
IF YOU KNOW ANYONE  
WITH CANCER



# Our Impact

## Educating the Public and Carrying on Dr. Beljanski's Legacy

### July

- Naturally Overcoming Inflammation - Virtual Healthy Tuesdays/Jeu-dis de la Santé
- Natural Plants that Kill Cancer Cells - Health and Healing Club
- Here's to your Health Radio Interviews Sylvie Beljanski

### August

- Winning The War On Cancer - Firebird Book Award Interview

### September

- A Natural Approach to Prostate and Ovarian Cancer - Virtual Healthy Tuesdays/Jeu-dis de la Santé
- Beljanski Extracts for Cancer, Inflammation and Immune Support - International College of Integrative Medicine
- Winning The War On Cancer - CIRIS Annual Picnic

### October

- Winning The War On Cancer - Book of the Day
- What's New In Fighting Breast Cancer - Virtual Healthy Tuesdays/Jeu-dis de la Santé

### November

- Pancreatic Cancer Awareness - Jeu-dis de la Santé
- Cancer Care: The RGCC Revolution - Virtual Healthy Tuesdays
- Liver Cancer is on the Rise, but Help is in the Way - EC Nutrition 16.11 (2021)
- A Natural Approach to Cancer - Breast Cancer Conqueror Podcast

### December





Gérard W.

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## The Story of a Happy Grandfather

I received my HIV diagnosis in the summer. As the first to use, in virology, of the *Pao Pereira* extract developed by the researcher Mirko Beljanski, I would simply like to come and share this:

- There is an absence of toxicity which is confirmed by the large quantities of capsules that my body has absorbed without any issues.
- There is no resistance phenomenon with the observation of the total absence of resurgence of the disease.
- This treatment is very effective since, beyond a natural immunity against HIV, is confirmed by the presence of a high level of antibodies. I have found that I am no longer getting sick. No common cold, fever, flu, etc.

In conclusion, at 57 years old, I am the happy grandfather of four who feels courage at the service of truth and of life with no more illusions about “justice”.

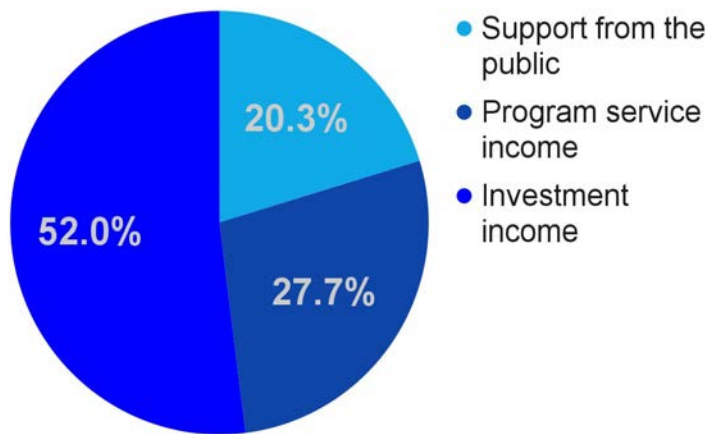


# When You Donate

You help us fund ground-breaking research, educate the public about Dr. Beljanski’s discoveries and ensure that his legacy as the “father of environmental medicine” lives on. We are grateful for your generosity and every dollar that our supporters contribute towards our mission.

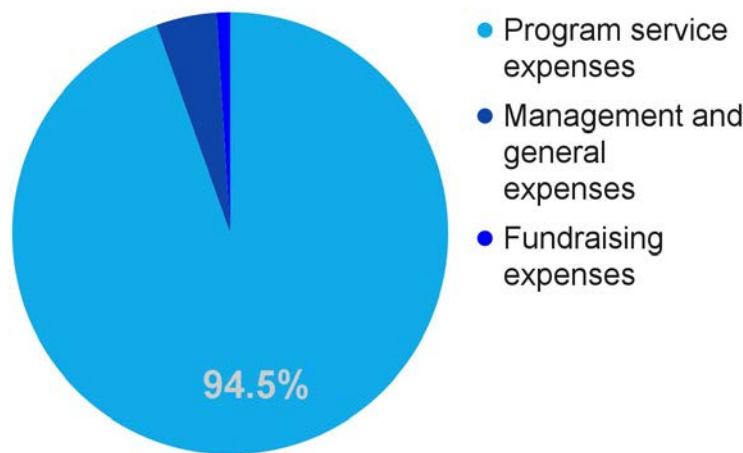
## Revenue

*In 2021, our total revenue was \$56,136 and came from the following sources:*



## Expenses

*In 2021, our total expenses were \$172,719 and supported the following activities:*



The financial statements for the year ending December 31, 2021 are available on [Guidestar.org](https://www.guidestar.org)

\*In 2021, we spent \$163,338 in support of our Foundation's mission and Program Service Expenses. This year we also made significant investments in our Information Technology infrastructure associated with the move to remote work and hosting numerous virtual events due to the COVID-19 pandemic. These investments will help us further our mission of educating the public about Dr. Beljanski's discoveries of effective non-toxic answers to cancers and other chronic diseases both in person, and virtually, for the years to come. For more information, please consult our publicly available financial filings.



Jean M.

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## From diagnosis to back to the “Happy Retirees” Club

At 70 years old, my doctor stated that I had a “large, but flexible” prostate. It turned out that I was suffering from a mild adenoma of the prostate. My PSA levels, already 19 (the normal rate being under 5), continued to increase rapidly until hitting 39.

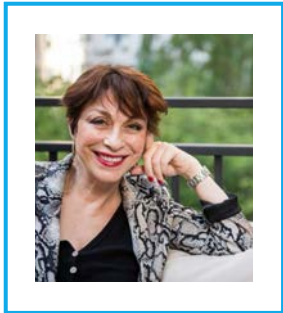
Very distressed over the diagnosis and in an attempt to fix these dismal readings, I turned exclusively to Beljanski’s extracts, notably *Pao pereira*, because I knew that this approach wasn’t aggressive. Thanks to Dr. Beljanski, the situation improved rapidly.

Now I am back living a normal life. I garden every day and I don’t have any major problems. As of today, in terms of my prostate, everything is going well and, at 93 years old, I am very active and the president of the “Happy Retirees” club in my town.

# Board of Directors



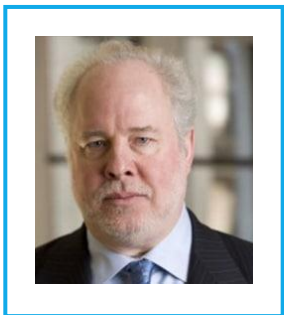
**Monique Beljanski**  
President



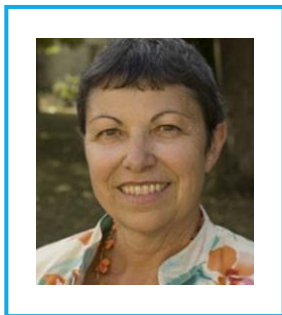
**Sylvie Beljanski**  
Founder  
Executive Vice President



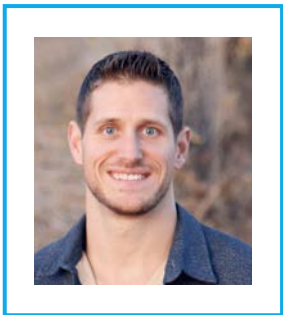
**Jacob Jaskiewicz**  
Governance Director



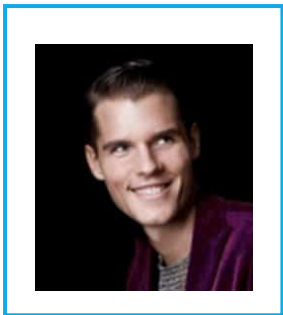
**John Hall, PhD**  
Research Director



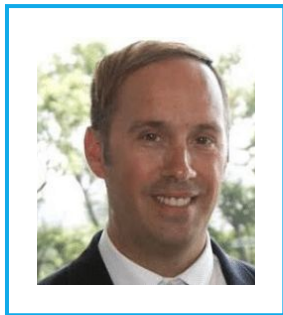
**Pierrette Weidlich**  
CIRIS Director



**Nathan Crane**  
Strategic Solutions Director



**Nicholas Gogel**  
Marketing Director USA



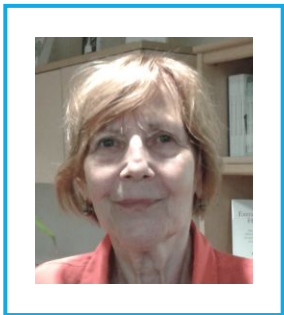
**Francois Tajan**  
Marketing Director EU



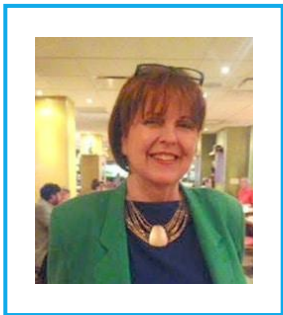
# Board of Advisors



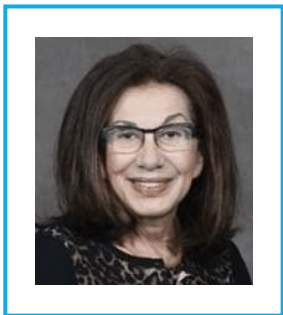
Yvon Pierre



Françoise Vernon Stein



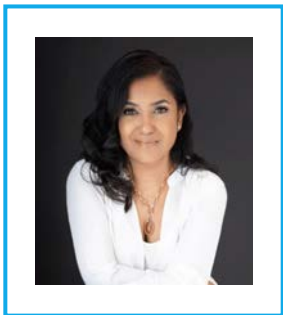
Kelly Welles



Paulina Rogawski



Ryan Antonacci



Mandy Blake



# Thank You!

## Our Partners in Health



# Contact Us

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[www.beljanski.org](http://www.beljanski.org)

The Beljanski Foundation is a 501(c)(3) nonprofit organization based in New York City who is working to cure cancer the natural way.



*Beljanski*<sup>®</sup>

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