

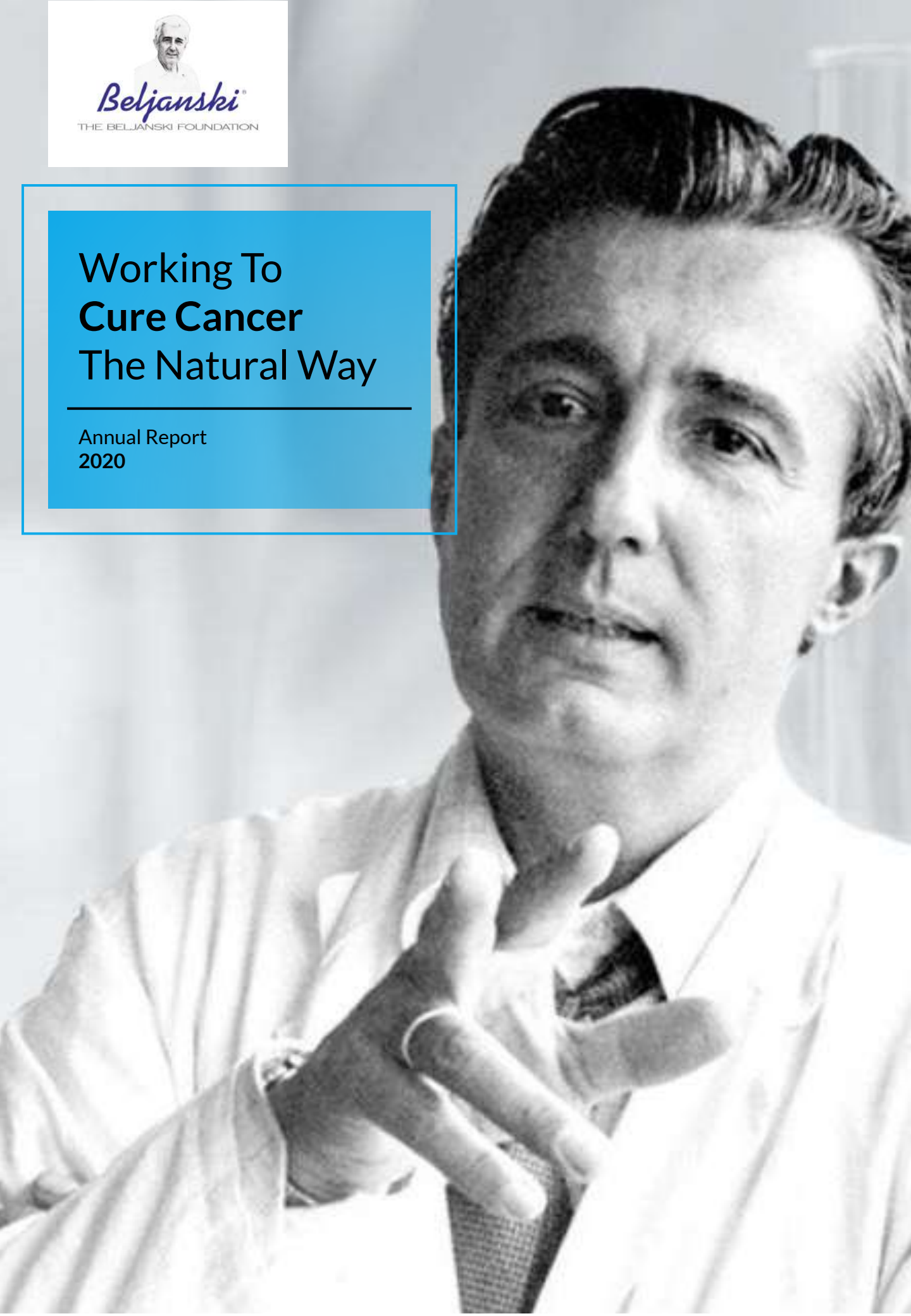


Beljanski[®]

THE BELJANSKI FOUNDATION

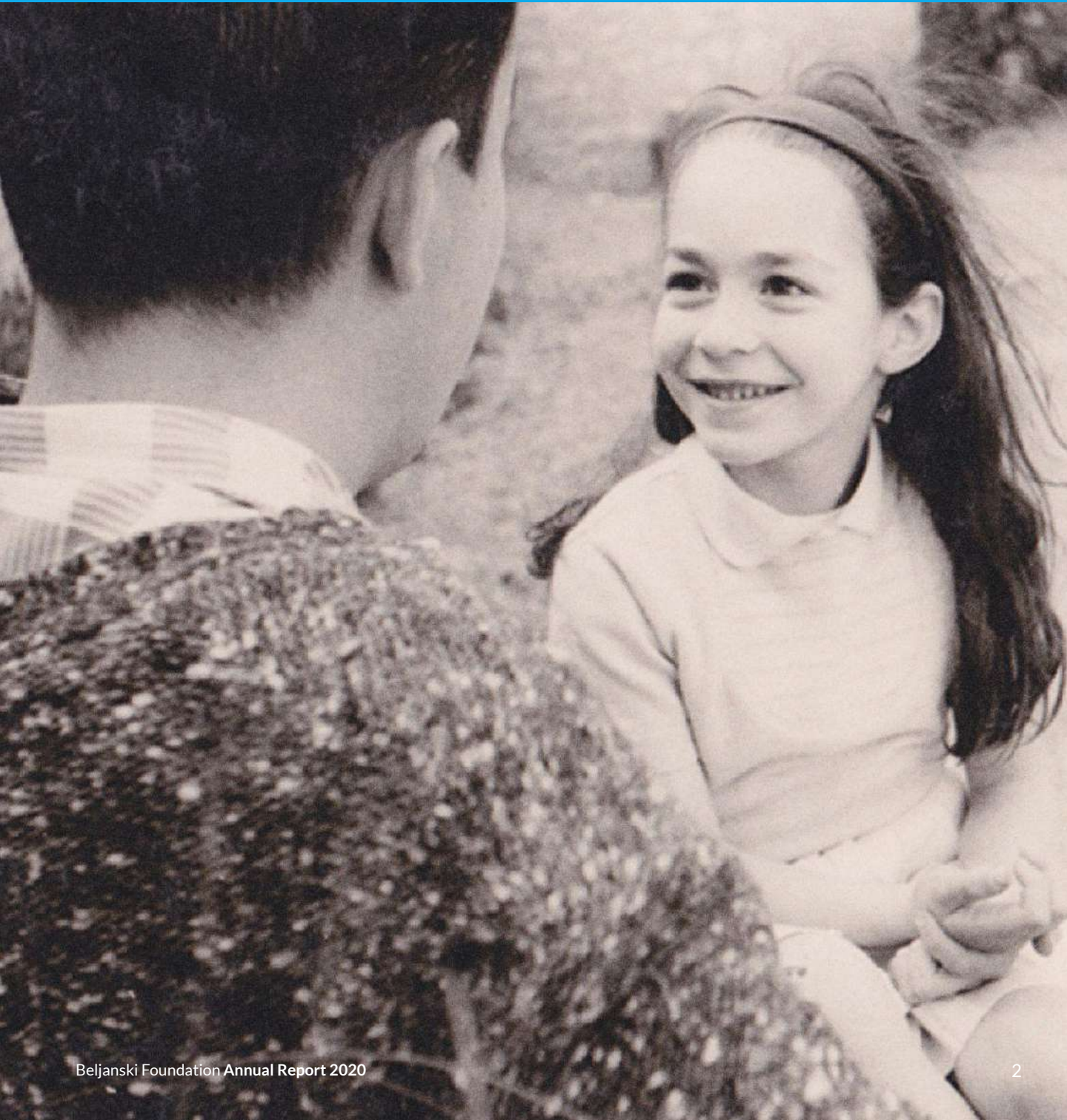
Working To Cure Cancer The Natural Way

Annual Report
2020



“My message is a positive one, backed by real science, serious studies and published data. A jaw-dropping cancer research program is ongoing in the U.S., yet it remains little known. In the face of the rising occurrence rates of different cancers, the results of this research could save many lives. That knowledge makes me relentless in reaching beyond the status quo, and insisting on sharing this ground-breaking science. Every new publication brings me sheer joy.”

Sylvie Beljanski in “Winning The War On Cancer: The Epic Journey Towards a Natural Cure”



A Letter from Our Founder

Dear Friends of The Foundation,

2020 was not like any year we have ever had before. The global coronavirus pandemic affected all of our families, our businesses, our communities and our way of life. During that time, we at The Beljanski Foundation wanted to do everything we could to help you through the pandemic. First and foremost, our hearts went out to anyone who's been impacted by the virus, either directly or indirectly. Our thoughts were especially with those who were sick, to whom we extended our heartfelt wishes for a full recovery. We also wanted to recognize the selfless healthcare workers around the world who were on the front lines working tirelessly to care for people in need. Thank you for everything you did and are continuing to do.



While it is fair to say that everyone's life was disrupted by COVID-19, we need to recognize that the virus did not strike everybody with the same severity. People who are healthy and have a good immune system were much better off than those who had underlying conditions. As the American Cancer Society put it, "people who have cancer or who are getting cancer treatment often have a higher risk of getting an infection, and infections can be more serious than in people who don't have cancer." This is because radiation or chemotherapy weakens their immune system.

With that in mind and despite all the logistic challenges, the team at The Beljanski Foundation kept doing everything we could to make sure we were available by email and by phone for any question you had. Your health has always been our top priority and more than ever in 2020, our team wanted to be there for you. We have done our best to support you by providing you with valuable resources like the free e-book *How To Protect Yourself From COVID-19 And Whatever Else May Come Your Way* and bringing Healthy Tuesdays to zoom (our series of monthly events all related to holistic health) in both the US and France, in addition to our usual newsletters.



A Letter from Our Founder (continued...)

Despite a few months of interruption where laboratories were shut down, we have also been able to pursue and achieve our research programs that led to several new publications.



We held our annual fundraising event virtually, a wonderful opportunity to honor Dr. Michael Schachter and present him with the Beljanski Foundation's "Best Doctor Award" for his lifelong engagement and support to integrative medicine.

Clearly 2020 had been most trying for everyone: mentally, physically and economically. It made us all remember that facing and breaking through adversity is part of the work required to discover who you are. We were called upon to be our best selves, with patience, understanding and compassion. As Winston Churchill famously said: "We make a living by what we get, but we make a life by what we give."

~ Sylvie Beljanski, Founder of The Beljanski Foundation

Who We Are

The story behind The Beljanski Foundation is an exciting one about breakthrough research, scientific evidence suppressed by governments and the selfless friendships of a few people determined to salvage this wealth of knowledge.

Confronted with increased pollution and epidemics of cancer and other chronic diseases, the mission of The Beljanski Foundation is to study and share knowledge of effective non-toxic natural answers that work both alone and in synergy with traditional western medicine. These values, at the very core of integrative medicine, are the legacy of Mirko Beljanski, PhD (1923-1998), the French biologist who uncovered the link between environmental toxins and carcinogenesis when he was working at the Pasteur Institute in Paris.

The Beljanski Foundation is a 501(c)(3) non-profit organization based in New York City.

What We Do

At The Beljanski Foundation we:

Fund Research



Fund ground-breaking research that affirms and builds on the work of Dr. Mirko Beljanski, who is published in 133 peer-reviewed scientific articles and wrote two books and numerous patents.

Educate the Public



Spread awareness of Dr. Beljanski's discoveries of effective non-toxic natural answers to cancer and other chronic diseases that work both alone and in synergy with traditional western medicine.

Carry on Dr. Mirko Beljanski's Legacy



Continue to develop the work of Dr. Beljanski and ensure that his legacy as the "father of environmental medicine" is not forgotten.



Dr. Beljanski in his lab



Henri B.

His battle with Prostate Cancer by Dr. Morton Walker

Henri B., PhD, a resident of southern France and currently retired as Professor of Physics at the University of Paris, had been Director of Research at the CNRS, and for eleven years the Administrator of a prominent Cancer Treatment Center of Villejuif near Paris. The CNRS in France is equivalent to the National Institutes of Health (NIH) in the United States. As an administrator of the Center, Dr. B. had participated in executive decisions about the awarding of research grants for evaluations of medical therapies. He studied all aspects of treatment for most types of diseases, including cancer. Dr. B. received exposure to every means of health care available worldwide. If he personally had needed some sort of therapeutic intervention for illness, Dr. B. certainly was free to choose the method he believed to be most beneficial for his own healing.

This university professor, knowledgeable about medical treatment and other life-saving issues, preserved his own life by electing to follow the concepts and use the natural products developed by Dr. Mirko Beljanski. Professor B. assured that, for himself, nothing else would do. He says, “My experience at the CNRS—which brought me in close contact for more than a decade with the most progressive therapies—taught me the best, the mediocre and the worst treatments. I want what works!”

The Beljanski Paradigm

Our environment contains a multitude of chemical compounds from two hundred years of industrialization. As life expectancy has improved, our bodies are exposed to an even greater number of compounds that enter our cells, weaken our immune systems and destabilize our DNA. The result is inflammation, cancer and other chronic diseases.

[Mirko Beljanski](#), PhD (1923-1998), was one of the first scientists to discover the direct link between environmental toxins and DNA damage. He demonstrated the destabilizing effect that carcinogens exert when they bind to DNA and found that this altered form of DNA was found in all cancer cells. He went on to identify plant extracts that specifically target destabilized DNA and thus prevent the growth of cancer cells, without being gender or organ specific. These extracts, *Pao pereira* and *Rauwolfia vomitoria*, have now become the subject of extensive scientific research from numerous academic institutions.

Beljanski's plant extracts and RNA fragments are powerful natural products that help provide protection from damaging elements in our environment as part of a holistic approach to wellness. With the support of The Beljanski Foundation, Dr. Mirko Beljanski's initial research has attracted the attention of prestigious American scientific institutions that have conducted research using Beljanski's extracts. All these studies have been published in peer-reviewed journals and are available on beljanski.org.



Our Impact



Fund Research

In 1999, The Beljanski Foundation was created to help cure cancer the natural way. Since then, we have been dedicated to funding research for natural, non-toxic answers to cancer and other chronic diseases by continuing the work of Dr. Mirko Beljanski.

Over the last 20 years, we have sponsored numerous ground-breaking research programs in the hope of helping people beat cancer naturally. We have been working relentlessly to establish partnerships with renowned academic research institutions to promote the design and completion of new experiments, and all the results are published in peer reviewed journals.

In 2020 The Beljanski Foundation completed our study of the anti-inflammatory effects of *Pao pereira* on benign prostatic hyperplasia (BPH). This research project yielded a total of three separate publications: The first, included in 2019's report, described the beneficial effects of *Pao pereira* on BPH by inhibition of 5 α -Reductase, the enzyme that converts testosterone to dihydrotestosterone (DHT) which a primary trigger of BPH.

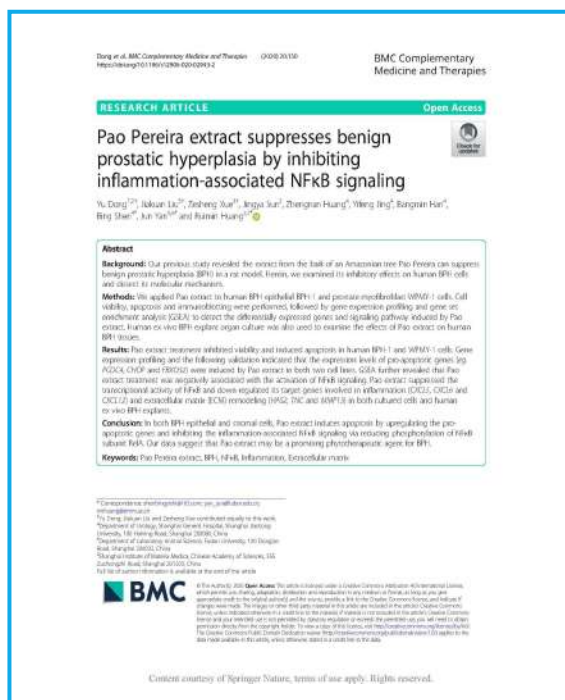
The 2020 paper is the second publication on BPH describing the positive effects of *Pao pereira* on BPH by inhibition of the NF κ B complex that generates pro-inflammatory chemokines that form another trigger for this condition. And the final paper, published in 2021, reports the suppression of BPH by *Rauwolfia vomitoria* via the very same pathway demonstrated for the *Pao pereira* extract, inhibition of 5 α -Reductase.

The next page contains a brief summary of the paper which can be found in its entirety on our website, www.beljanski.org.

Our Impact

“Pao Pereira Extract Suppresses Benign Prostatic Hyperplasia by Inhibiting Inflammation-Associated NFκB Signaling” BMC Complementary Medicine and Therapies (May 2020) | Nanjing University

The 2019 paper showed that *Pao pereira* extract can attenuate BPH development in a rat model by reducing expression of androgen receptor and 5α-reductase. In this study Dr. Yan's group looked further into the molecular mechanism of *Pao pereira*'s anti-inflammatory effect in BPH. They found that *Pao* extract suppressed the growth of two BPH cell lines: BPH-1 and WPMY-1 by inducing apoptosis via inhibition of the NFκB signaling pathway. Furthermore, by inhibiting NFκB activation, the *Pao pereira* extract suppresses expression of pro-inflammatory chemokines. Previous work from Nanjing University showed that *Pao pereira* extract inhibits NFκB signaling in advanced prostate cancer cells. The *Pao pereira* extract offers safe anti-inflammation and anti-cancer activity for the prostate. And these new findings suggest that the *Pao pereira* extract is a very promising therapeutic for BPH.



The publication above provides people a scientifically validated, natural way to fight cancer without side effects. To learn more and view all of the publications, please visit

<https://www.beljanski.org/publications/>.

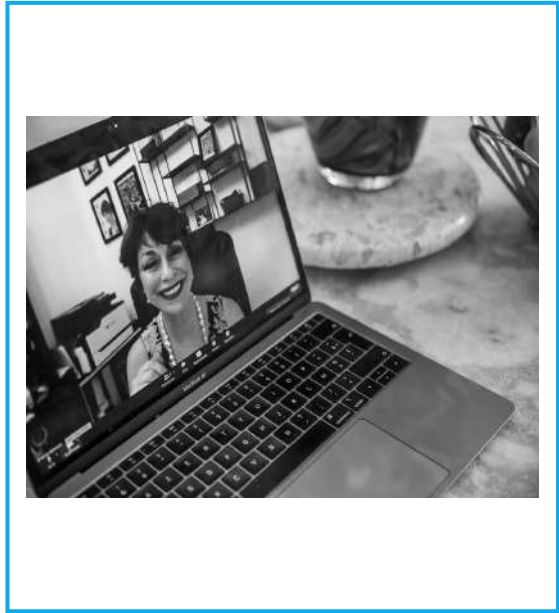
Our Impact



Educating the Public

Throughout 2020, The Beljanski Foundation was featured prominently at numerous virtual events around the globe. Sylvie Beljanski frequently appeared in various media outlets on behalf of the Foundation to help bring awareness of Dr. Beljanski’s discoveries to the public. The press highlight of the year happened when Sylvie and the foundation were featured on the cover of the Swiss Magazine, *Alternatif Bien-Être* in July 2020, which led to many other interviews and press mentions.

Despite the lockdown in 2020, Healthy Tuesdays went virtual via zoom and then global when The Beljanski Foundation created Les Jeudis de la Santé for Europe. This is a series of monthly events all related to holistic health where a community of healthcare professionals come together monthly to share groundbreaking information. This has and continues to produce a community of people eager to hear more about the resources those professionals may offer. Attendees have a chance to learn about the topic of interest, ask questions from the panelists and became more familiar with the mission of The Beljanski Foundation. One hundred percent of the proceeds raised from Healthy Tuesdays, in collaboration with Maison Beljanski, go towards The Beljanski Foundation.



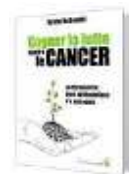
Our Impact

Carrying on Dr. Mirko Beljanski's Legacy

As Dr. Mirko Beljanski famously said, "When we have the power to help, we have the duty of doing so." With so many people looking for support and answers when it came to COVID-19, we created two free ebooks, one in English and one in French, to help provide information that people can trust. Since we published the two ebooks in September of 2020, they have been accessed by over 5.8k people and counting.

Additionally, "Winning The War On Cancer: The Epic Journey Towards a Natural Cure", Sylvie Beljanski's book about the discovery of her father's new and promising paradigm for cancer treatment continued to garner accolades from across the globe. In 2020, the book became an audiobook, allowing the story of The Beljanski Foundation to be heard by a wider and new audience. The book continued to receive praise, awards and positive reviews for both the English and French versions which help our efforts of spreading awareness of Dr. Beljanski's discoveries and to carry on his legacy.

All proceeds from the sale of "Winning The War On Cancer" go towards supporting anti-cancer research and the mission of The Beljanski Foundation





Gérard W.

The Story of a Happy Grandfather

I received my cancer diagnosis in the summer. As the first to use, in virology, of the *Pao Pereira* extract developed by the researcher Mirko Beljanski, I would simply like to come and share this:

- There is an absence of toxicity which is confirmed by the large quantities of capsules that my body has absorbed without any issues.
- There is no resistance phenomenon with the observation of the total absence of resurgence of the disease.
- This treatment is very effective since, beyond a natural immunity against HIV, is confirmed by the presence of a high level of antibodies. I have found that I am no longer getting sick. No common cold, fever, flu, etc.

In conclusion, at 57 years old, I am the happy grandfather of four who feels courage at the service of truth and of life with no more illusions about “justice”.

Angels & Champions for Cancer Research 2020



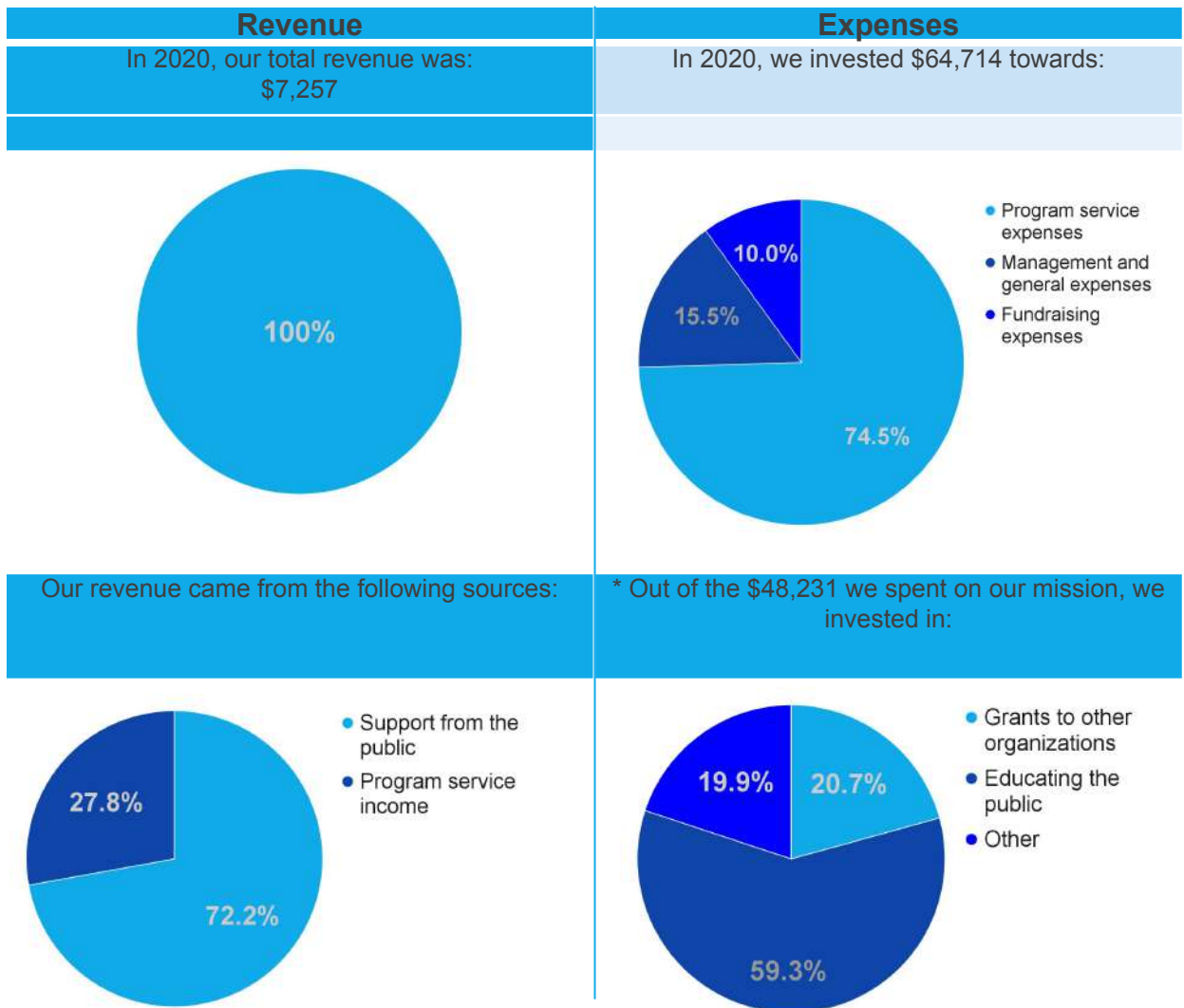
In December 2020, The Beljanski Foundation virtually hosted its annual fundraiser. With over 70 people in attendance on zoom, the event raised almost \$7,000 towards our mission of funding ground-breaking research, educating the public and carrying on Dr. Beljanski's legacy. The virtual fundraiser featured a number of highlights including:

1. Honoring **Dr. Michael Schachter** with the Beljanski Foundation's "Best Doctor Award" for his lifelong engagement and support to integrative medicine
2. Exclusive interview between actress **Fran Drescher** and Beljanski Foundation founder, **Sylvie Beljanski**
3. Live virtual auction which included a portrait session with Christian Dior's **Bil Donovan**
4. Live event drawings by **Flash Rosenberg**, a Guggenheim Fellow in the Creative Arts



When You Donate

You help us fund ground-breaking research, educate the public about Dr. Beljanski’s discoveries and ensure that his legacy as the “father of environmental medicine” lives on. We are grateful for your generosity and every dollar that our supporters contribute towards our mission.



The financial statements for the year ending December 31, 2020 are available on [Guidestar.org](https://www.guidestar.org)

*In 2020, we spent \$28,622 educating the public about Dr. Beljanski’s discoveries of effective non-toxic natural answers to cancer and other chronic diseases. Included are expenses related to the attendance and presentations at various professional conferences and events, as well as other awareness raising activities. In addition, the COVID-19 pandemic affected our programs, resulting in variations in revenue and expenditures from the 2019 year. For more information, please consult our publicly available financial filings.



Jean M.

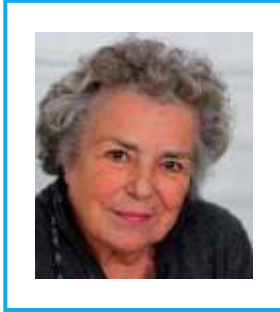
From diagnosis to back to the “Happy Retirees” Club

At 70 years old, my doctor stated that I had a “large, but flexible” prostate. It turned out that I was suffering from a mild adenoma of the prostate. My PSA levels, already 19 (the normal rate being under 5), continued to increase rapidly until hitting 39.

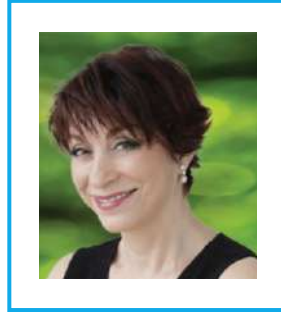
Very distressed over the diagnosis and in an attempt to fix these dismal readings, I turned exclusively to Beljanski’s extracts, notably *Pao pereira*, because I knew that this approach wasn’t aggressive. Thanks to Dr. Beljanski, the situation improved rapidly.

Now I am back living a normal life. I garden every day and I don’t have any major problems. As of today, in terms of my prostate, everything is going well and, at 93 years old, I am very active and the president of the “Happy Retirees” club in my town.

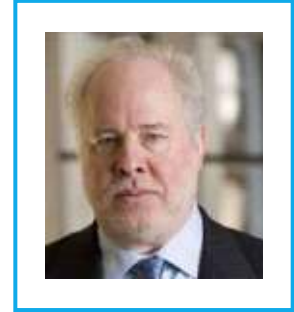
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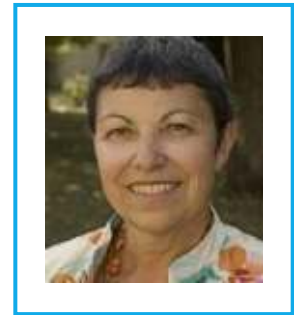
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Jeanne M. Stafford
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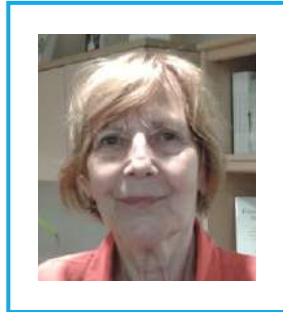
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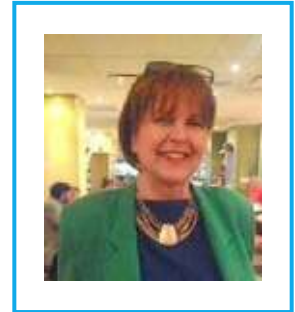
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Thank You!

Our Partners in Health



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The Beljanski Foundation is a 501(c)(3) nonprofit organization based in New York City is working to cure cancer the natural way.



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